



# Seniors and Law Enforcement Together

## *Making a Difference in our Communities*

www.ffsalt.com

September 2015

salt@fortfrances.com

### MISSION STATEMENT

S.A.L.T. is a voice to advocate for action to ensure that seniors live in a healthy, safe, enjoyable and vibrant communities. The team will act as a communication link between seniors and services providers, increase awareness of services for seniors and support seniors in the community.

## SENIOR FAIR

**September 18**  
**9 am to 3 pm**

**Sister Kennedy Centre**

401 Nelson Street  
Fort Frances

Register before September 15 by calling:  
Sister Kennedy Centre: 274-7656  
or the Memorial Sports Centre: 274-4561

**FREE EVENT**

**LUNCH**

**EXHIBITS**

**TRANSPORTATION**

**PRIZES**

**SPEAKERS**

Seniors & Medication

Wills, Estate Planning & Power of Attorney

Seniors & Mental Health

Nutrition for Seniors

Funded by:



**Committee Contacts**

OPP Contact:  
Constable Guy Beaudry  
(807)276-274-7777  
guy.beaudry@opp.ca

Northwestern Health Unit Contact:  
Elaine Fischer  
(807)274-9827 ext 3638  
efischer@nwhu.on.ca

Canadian Mental Health Association  
Older Adults Program Contact:  
General Inquiries  
(807) 274-9400

**MAILING ADDRESS**  
Senior's In Law Enforcement  
Box "S" c/o Fort Frances Times  
116 First Street East  
Fort Frances, ON P9A 1K2

For more info:  
Robert Schulz

### Upcoming Community Events

|  |   |
|--|---|
| <b>SAP Family BBQ</b><br>September 12, 2015          | <b>Point Park</b><br>11:00 am—2:00 pm       |
| <b>Hazardous Waste Day</b><br>September 19, 2015     | <b>Public Works Yard</b><br>9:00 am—3:00 pm |
| <b>Eager B's - Seated Yoga</b><br>September 29, 2015 | <b>UNFC Circle of Life</b><br>1:00 pm       |

### Meetings

|  |                |                       |
|--|----------------|-----------------------|
| <b>Safe Communities Rainy River District</b><br>September 15, 2015 | <b>11:00am</b> | EMS Building          |
| <b>SALT Committee</b><br>September 29, 2015                        | <b>11:00am</b> | Sister Kennedy Centre |

