

March 27, 2012

11:00 AM, Super 8 Motel

Krista Nielson, NWHU

Marjorie Katerick

Ron Scofield

Gaby Hanzuk

John Johnson

Patti Johnson

Sue Drew

Vicky Wishart

Donna McKelvie

Nell Laur

Mike Bird

- 1.01 Introductions were made for the members present. As Robert was not available, Mike chaired the meeting.
- 1.02 February meeting minutes were circulated and approved.

- 1.03 John Johnson and his wife Patti attended today's meeting after speaking with Robert. John has been retired for 3 years and is looking to do casual maintenance tasks for local seniors. He indicated that he is skilled with carpentry, wiring, and plumbing while he isn't *licensed*, he is good with his hands. John's purpose for attending the meeting is to get his name out to the public as being available to help with odd jobs. He stressed that he would not attempt any task that he was unfamiliar or uncomfortable with. John does have references available. His price range is usually \$25/hour, but is dependent on the specific task being done. John can be contacted at 274-5531.
- 1.04 Update: Elder Abuse presentations: this update will be put on hold until Robert's return.
- 1.05 Report: ALAG Strategic Planning Session of March 26(Krista): Monday's planning session went well, with over 20 organizations represented. Members from the Town, Economic Development, Sister Kennedy Centre, CCAC, DSSAB, Fort Frances Tribal Health Authority, UNFC, Revera Living, CMHA, Meals on Wheels, Fort Frances Family Health Team, OPP and NWHU were all in attendance. Interest was also shown from the Northwest LHIN, St. Joseph's Care Group, and Sunset Metis, who were unable to attend but are interested in being involved. 7 main areas of need were identified to include in ALAG's survey: health, safety, support for daily living, transportation, housing, financial and leisure. It was also widely agreed upon that education and awareness needs to continue around respect & elder abuse. Within each area identified, the group discussed what is needed, what we currently have, what challenges we may have or face, and some ideas as to what we would "ideally" have in place. The next step for the ALAG is to move forward with creating and implementing a survey. Those wishing to be involved as we move forward should contact Erma Armit, chair of the ALAG group.

- 1.06 Report: CAPE (Cyber Awareness Protection Enforcement) seminar of March 22 & 23 (Mike): the program that will soon be launched is directed at school-aged children (beginning at grade 1). The main message from this seminar was to STOP, THINK, CLICK → STOP to ensure that you are being safe are you putting yourself at risk? Do you know who you are connecting with?; THINK critically to know what you are doing anything that you put on the Internet can't be taken off ever!; CLICK responsibly, respecting yourself and others. Although this intervention is targeted at school-aged children, the seminar also recognized that seniors are at risk. A video will be produced to show those risks, which will be added to Elder Abuse presentations when available.
 - Canadian Anti-Fraud Centre is available on line and has a wealth
 of information about frauds. The main messages from the fraud
 centre are "If it sounds too good to be true, then it's probably a
 scam" and "If it sounds doubtful, check it out before committing
 yourself".
 - The Canadian Anti-Fraud website lists 25 scams, and always highlights the "top scams" of the week
 - The top 3 scams from last week were:
 - "ScareWare": your computer gets "locked out" after receiving a pop up message that it has been associated with child pornography. The message claims to be from the RCMP of CSIS, and tells the receiver to pay \$100 to "unlock" the computer
 - "Anti-Virus": A service provider offers to upgrade your computer anti-virus software. They will call your house and tell you that you have a problem; they will fix it if you provide credit card information
 - Emergency/Grandparent: Call comes from a supposed grandchild claiming to be in trouble and in need of funds.
 Another call may say the child is in the hospital and needs to pay medical fees.

- Another popular scam involves younger men "romancing" elderly women in an attempt to get money from them
- The website is http://www.antifraudcentre.ca
- 1.15 Update: SALT website (Mike & Nell): the website should launch within the next month.
- 1.16 School Traffic Safety Meeting: Nell will attend in Robert's place. (note: this meeting, scheduled for March 28, was cancelled)

- 1.17 Update: OPP Business Plan. The OPP will continue to support SALT. (Robert may speak more to this upon his return).
- 1.18 Update: EAGER B's (Sue): Currently the EAGER B's group is offering Tai Chi classes at Moss Yoga studio on Thursdays at 10:30. This will continue for 4 more weeks. The group plans to start pole walking next perhaps Monday afternoons although this is not finalized. The group has been only women to date, but interested men are welcome to join the next session.
 - As a side note, Mike shared that Tai Chi classes are also happening at the arena on Tuesdays (this is a class that would require payment).
- 1.20 Update: Elder Abuse Presentations the presentations and presenters are ready to go. Technical support may be needed, although partners hosting presentations will often have media required. In early April, Robert will contact Kim Tarrant at DSSAB to begin setting up dates for presentations.

- 1.21 Meals on Wheels (Gaby): summer volunteers are needed (June, July, August). Those interested would go on a list, and Gaby will book about a week in advance. Volunteers usually take 1 route. If 30 people sign up, each would take approximately 1 turn per month. 2 people per day are needed, with 2 vehicles. 1 route is usually about 7-10 stops. One route covers the East end, while the other is the West end. Meals are picked up at the front door of Rainycrest code to get into the building is always posted at the door. The chart for delivery and everything that you need is already to go, with instructions provided. The entire session takes about 1 hour. Gaby can be contacted at 274-3764.
- 1.22 Next SALT meeting will be on April 24 at 11:00 at the Super 8 meeting room
- 1.23 Update: SALT website lots of new information has been added to the site. Mike & Nell are adding photos, meeting minutes and more. The two will discuss an official public launch date for the website, which will be advertised widely.
- 1.24 Adjournment: The next meeting of the SALT will take place on March 27, 2012 at 11:00 AM at the Super 8.